

Harrisburg Track & Field 7th Girls & Boys ALL-TIME TOP 5 PERFORMANCES

100 Meter Dash		
1. Sydney Halling	13.07	2013
2. Hailey Halling	13.6	2009
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A
200 Meter Dash		
1. Carolyn Haar	28.18	2017 (N)
2. Kaylee Shirado	28.9	2007
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A
400 Meter Dash		
1. Kiah Peters	1:05.30	2016
2. Jasmyne Cooper	1:05.40	2013
3. Katie Hoffman	1:06.1	1994
4. N/A	N/A	N/A
5. N/A	N/A	N/A
800 Meter Run		
1. Katie Tornberg	2:27.0	1997
2. N/A	N/A	N/A
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

100 Meter Dash		
1. Carter Bahrenfuss	12:03	2017 (N)
2. Jack Rabern	12:11	2015 (N)
3. Preston Harris	12.3	2004
3. N/A	N/A	N/A
4. N/A	N/A	N/A
200 Meter Dash		
1. Jack Rabern	25.61	2015 (N)
2. Jonathon Kabambi	26.2	2010
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A
400 Meter Dash		
1. Jack Rabern	58.8	2015
2. Parker Fitzgerald	59.1	2017 (S)
3. Elliot Cain	59.32	2012
4. Shannon Poppinga	59.9	1991
5. N/A	N/A	N/A
800 Meter Run		
1. Parker Fitzgerald	2:20.03	2017 (S)
2. Elliot Cain	2:24:90	2012
3. Sam Hansen	2:26.9	2010
4. N/A	N/A	N/A
5. N/A	N/A	N/A

1600 Meter Run		
1. Molly Hayes	5:24.4	2001
2. N/A	N/A	N/A
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A
100 Meter Hurdles		
1. Lindsey Johnson	16.5	2006
2. N/A	N/A	N/A
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

1600 Meter Run		
1. Parker Fitzgerald	5:12.7	2017 (S)
2. Wil Johnson	5:21.7	2012
3. Andy Munson	5:25.00	1998
4. N/A	N/A	N/A
5. N/A	N/A	N/A
110 Meter Hurdles		
1. Daniel Mastick	16.72	2010
2. Jared Boer	18.5	1990
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Long Jump		
1. Rowen Kilawee	14'9.5"	2013
2. Cassidy Rippentrop	14'8.75"	2013
3. Kally Jorgenson	14'0"	2004
4. N/A	N/A	N/A
5. N/A	N/A	N/A
High Jump		
1. Aubree McKee	4'10"	2017 (N)
2. Sandy Smith	4'8"	1998
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Long Jump		
1. Anders Clayton	18' .75"	2016 (S)
2. Jack Rabern	17' 8"	2015 (N)
3. Shannon Poppinga	16' 10.5"	1991
4. N/A	N/A	N/A
5. N/A	N/A	N/A
High Jump		
1. Jeremy Brech	5'2"	1995
2. Nathan Griesse	5'2"	1998
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Shot Put		
1. Emile Boyer	39' 10"	2017 (S)
2. Jamie Hall	31' 8"	2016 (S)
3. Shelby Strand	29' 11"	2009
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Shot Put		
1. Matt DeGeest	37'.50"	1999
2. N/A	N/A	N/A
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Discus		
1. Avery Kirkey	107'5"	2015
2. Jersey Quien	73' 9"	2017 (S)
3. Kerry Hayes	71'3.5"	1996
4. N/A	N/A	N/A
5. N/A	N/A	N/A

Discus		
1. Jeremy Brech	121'1"	1995
2. N/A	N/A	N/A
3. N/A	N/A	N/A
4. N/A	N/A	N/A
5. N/A	N/A	N/A

RELAYS

Girls		4x100 Relay			
1. Elizabeth Dierks	Taylor Thomas	Isabelle Moore	Carolyn Harr	57.4	2016
2. Stacy Van Ekeren	Amy Foster	Bobbi Becker	Ashley DeMent	58.1	2001
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A
Boys		4x100 Relay			
1. Kai Yungbluth	Lincoln Carlson	Gavin Aasheim	Carter Bahrenfuss	49.9	2017 (N)
2. Blake Kirschenman	Brandon Kovash	Phillip Wright	Preston Harris	52.6	2004
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A

Girls		4x200 Relay			
1. Kally Jorgenson	Andrea Grujicic	Kate Sedlacek	Malissa Vlastuin	02:02.5	2004
2. N/A	N/A	N/A	N/A	N/A	N/A
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A
Boys		4x200 Relay			
1. Blake Kirschenman	Brandon Kovash	Phillip Wright	Preston Harris	1:50.9	2004
2. N/A	N/A	N/A	N/A	N/A	N/A
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A

Girls		4x400 Relay			
1. Olivia Hruby	Taylor Thomas	Brecli Honner	Kiah Pieters	4:28	2017 (N)
2. Megan Schenk	Courtney Halling	Sarah Westerman	Darien Poelstra	4:31	2011
3. Hannah Loos	Danni Honner	Jordan Beiswanger	Liz Tubbs	4:41.4	2010
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A
Boys		4x400 Relay			
1. Justin Winters	Derek Vanderwoude	Kristian Jakowicz	Elliot Cain	4:09.7	2012
2. Blake Kirschenman	Alex Hill	Phillip Wright	Preston Harris	4:13.0	2004
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A

Girls		Medley Relay			
1. Kally Jorgenson	Andrea Grujicic	Kate Sedlacek	Malissa Vlastuin	2:08.4	2004
2. N/A	N/A	N/A	N/A	N/A	N/A
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A
Boys		Medley (100, 100, 200, 400) Relay			
1. Blake Kirschenman	Brandon Kovash	Phillip Wright	Preston Harris	1:53.8	2004
2. N/A	N/A	N/A	N/A	N/A	N/A
3. N/A	N/A	N/A	N/A	N/A	N/A
4. N/A	N/A	N/A	N/A	N/A	N/A
5. N/A	N/A	N/A	N/A	N/A	N/A